

《ETHEREAL \* CRYSTALS》

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## *Notes for Ethereal Crystals 1 and 2 Attunements*

You are attuned to the following stones:

AMBER  
AMETHYST  
AQUAMARINE  
AVENTURINE  
PINK BERYL (also known as MORGANITE)  
BLUE LACE AGATE  
BOTSWANA AGATE  
GREEN CALCITE  
CARNELIAN  
CHRYSOCOLLA  
CITRINE  
CLEAR QUARTZ  
DIAMOND  
SINGLE TERMINATED CLEAR QUARTZ CRYSTAL  
EMERALD  
HEMATITE  
RED JASPER  
MALACHITE  
ROSE QUARTZ  
RUBY  
SODALITE  
TURQUOIS

## *1. Healing*

Simply point or touch a location and then mentally say the appropriate stones name, and the ethereal stone will then be placed.

An example: Let's say we are going to do a healing session with 3 stones: Ruby, Rose Quartz and Citrine. We would like to place the Ruby on the Root Chakra, the Rose Quartz on the Heart Chakra and the Citrine on the Solar Plexus Chakra. Place the Ruby by pointing with your finger (or with your mind only) on the Root Chakra and say mentally: "Ruby". The Ruby will be instantly placed. Go on to the Solar Plexus. Point at the Solar Plexus and think: "Citrine". Do the same with the Rose Quartz. You can also place Ethereal Crystals in organs. You could, as an example, say mentally: "Citrine in the bladder". The Citrine will then be placed in the bladder.

After placing stones, you can perform Reiki, massage, Aromatherapy etc., or you can choose to let the Ethereal Crystal session stand alone.

The stones will disappear when no longer needed.

Unlike material crystals, movement or activity cannot dislodge these.

Even though unnecessary, you can always remove the stones, just by thinking, "remove Citrine" or "remove all stones".

Use the same method on yourself for self-healing.

## *2. Distance Healing*

To place an Ethereal Crystal long distance, you can use the following sentence:

*“Place Citrine on (name of person)’s Solar Plexus Chakra.”*

Then the stone will be placed instantly.

## *3. Gem Elixirs and strengthening stones*

To create a gem elixir, you normally have to place a stone in water for 12-24 hours. With the Ethereal Crystal attunements, you can create powerful gem elixirs in seconds! When you have reached Ethereal Crystals 3, the elixir will become 400% stronger than when using normal gemstones. You are also able to strengthen stones.

*To create a gem elixir:* Pour water into a glass. Say mentally: *“Place (name of stone/stones) **in the water**.”*

The water will then be fully charged in seconds.

*To strengthen a stone:* Get the stone you want to strengthen. Say mentally: *“Place (name of Ethereal stone) **in** (your stone).”*

Your stone will be strengthened in seconds.

To place an Ethereal single terminated clear Quartz crystal (or a double terminated in Ethereal Crystals 4-5-6), place it as usual and then also define which way the point will turn. Example: *“Place single terminated clear Quartz crystal on the heart chakra, with the point pointing downwards.”*

*Good luck!*

# ETHEREAL \* CRYSTALS

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## ***Notes for Ethereal Crystals 3 Attunement***

### ***How to pass on Ethereal Crystals Attunements***

It is very simple to pass on the Ethereal Crystals 1-2-3 attunements. You just ask your higher self for the attunements. You can attune several people at the same time.

Example of the attunement: (to your higher self)  
***“I ask that (name) may be attuned in Ethereal Crystals 2”***

The attunement will then start and stop after around 25 minutes.

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## *Notes for Ethereal Crystals 4 and 5 Attunements*

You are attuned to the following stones:

ALEXANDRITE  
AMAZONITE  
AZURITE  
BLOODSTONE  
GOLD CALCITE  
FIRE OPAL  
FLUORITE  
RED GARNET  
JADE  
LAPIS LAZULI  
MOLDAVITE  
MOONSTONE  
PERIDOT  
PYRITE  
BLUE SAPPHIRE  
YELLOW SAPPHIRE  
BLACK TOURMALINE  
VIOLET TOURMALINE  
PINK TOURMALINE  
DOUBLE TERMINATED CLEAR QUARTZ CRYSTAL



# ⌘(ETHEREAL \* CRYSTALS)⌘

## C O U R S E \* N O T E S

# 6

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## ***Notes for Ethereal Crystals 6 Attunement***

### ***How to pass on Ethereal Crystals Attunements***

It is very simple to pass on the Ethereal Crystals 4-5-6 attunements. You just ask your higher self for the attunements. You can attune several people at the same time.

Example of the attunement: (to your higher self)  
***“I ask that (name) may be attuned in Ethereal Crystals 4”***

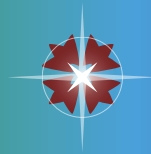
The attunement will then start and stop after around 25 minutes.

~(ETHEREAL \* CRYSTALS)~

Gemstone



Properties



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# *Gemstone Properties*

## *1. Gemstones of Ethereal Crystals 1-2-3*

### ✦ AMBER

Amber is the fossilized resin of coniferous trees. This mineral is used for allowing the body to heal itself, absorbing and transmuting negative energy into positive energy. It is used to open and cleanse all chakras. It is said to be a stone of good luck. It was burned as incense to clear negativity. It purifies the area in which it is placed and is excellent for use in rooms where re-birthing is done. It's properties bring wisdom, balance, and patience. It self-heals drawing disease from the body, lessens stress, negativity, and depression. Aids memory and decision making.

This stone is amber in color and is clear or cloudy.

### ✦ AMETHYST

This mineral provides for good spiritual cleansing and development, helping the mind to calm and dwell on higher thoughts. Used also extensively for healing in the healing arts. It is also known for protection from psychic attacks, an excellent stone for activating the crown chakra.

### ✦ AQUAMARINE

This mineral is known as the stone of courage. It enhances one's ability for rapid intellectual response. It accelerates the intellectual processes. It provides a shielding property to the Aura and subtle bodies. It helps one to attune to more spiritual levels of awareness.

This stone is light blue in color.

### ✦ AVENTURINE

Aventurine is said to bring luck and adventures in love and games. It makes an individual independent and original. It has a binding and healing force, and is good for skin diseases and improving the complexion. At one time it was used to cure nearsightedness. It is helpful for the etheric, emotional and mental bodies. Aventurine has strong healing energies, and affects the pituitary gland. It can be used for creative visualization, higher-self attunement, and is good for the muscle and nervous system. Aventurine is a good stone for artists, writers and all those of a creative nature. It brings prosperity; the green vibrations attract money.

✦ PINK BERYL (also known as MORGANITE)

This mineral is an excellent for heart stone, which facilitates opening and release of pent up emotion, cleansing the heart and preparing it to attract and sustain love in one's life.

This mineral is clear and pink in color.

✦ BLUE LACE AGATE

This mineral is excellent for stimulating the crown chakra, 3rd eye and energizing the auric body. It can be used to stimulate the exploration of the unknown and to further ones quest toward the enlightened state. It also allows one to look toward the solution rather than the problem.

This mineral is blue exhibiting white circular or oval patterns.

✦ BOTSWANA AGATE

This mineral is excellent for stimulating the crown chakra, and energizing the auric body. It can be used to stimulate the exploration of the unknown and to further ones quest toward the enlightened state. It also allows one to look toward the solution rather than the problem.

This mineral is gray and pink, exhibiting white circular or oval patterns.

✦ GREEN CALCITE

Clear Calcite is excellent for amplifying energy. It is a great stone for students as it helps sharpen learning and retention of lessons learned. It enhances decision making by letting the holder see more clearly into situations leading to happiness and good fortune.

Green Calcite - eases mental and physical stress, cleanses and aids well-being.

✦ CARNELIAN

A sacred stone of the Egyptians and the Tibetans, this energetic stone activates the lower chakras and helps the wearer to take action. This mineral is excellent for providing perceptiveness. It is a stone that will enhance the home energy, and will spread love, encouraging one to learn how to give and receive love. It is a great protector against envy, fear, and rage. It brings energy and fire, enhancing physical energy and personal power and invoking joy, laughter and warmth as it opens the heart. It is a stone used to enhance the relationship between parents and children. It can be used to dispel apathy, indolence, and passivity". Placing carnelians among other stones will cleanse the negativity from other stones. It has been used to help with period pains. Placing carnelians alongside the major meridians assist in the treatment of disorders caused by blockages of energy.

This stone is opaque to clear red to orange and sometimes found with stripes running through it.

#### ✦ CHRYSOCOLLA

This mineral is excellent for easing emotional heartache, and gives renewed strength and balance. It produces inner strength and relieves stress. It also helps to stimulate the crown chakra to help in the alignment of the ethereal network and is excellent for meditation.

This stone is blue-green in color.

#### ✦ CITRINE

This mineral is an excellent healing stone, also known as a healers stone. This stone is a powerful healing stone, which absorbs negativity and never has to be cleansed. This stone is said to bring business if put in the cash box of a shop or money if carried on your person. Helps clear one's thoughts and allows one to feel cheerful and lighthearted.

This stone is golden yellow and clear.

#### ✦ CLEAR QUARTZ

This is among the most common of crystals, and it is among the most powerful and versatile. This mineral is excellent for amplification, storage, focusing, transfer, and transformation of energy. It can be used to clear, heal, to attract, and to protect. Excellent for 3rd eye.

This mineral is clear and glass-like to opaque white in color.

#### ✦ DIAMOND

Master healer. An extremely powerful stone in the removing of blockages and all emotional negativity.

#### ✦ SINGLE TERMINATED CLEAR QUARTZ CRYSTAL

This is among the most common of crystals, and it is among the most powerful and versatile. This mineral is excellent for amplification, storage, focusing, transfer, and transformation of energy. It can be used to clear, heal, to attract, and to protect. Excellent for 3rd eye.

This mineral is clear and glass-like to opaque white in color.

(A "Single Terminated" Clear Quartz Crystal is a Quartz Crystal with one pointy and one plain end. The pointy end focuses the power of the Crystal like a laser.)

#### ✦ EMERALD

This mineral is excellent as a stone of successful love, it is said to provide domestic bliss, sensitivity and loyalty. It can be used to enhance the memory. It is also useful for opening the heart chakra. It is also said to bring successful consequences for legal affairs

This stone is green to light green in color.

#### ✦ HEMATITE

This mineral is excellent for calming and relaxing and for reducing emotional upset. It aids in sleep and is known to transform negativity. This stone is also known for its grounding and protection qualities. Good for freeing up your mind to be able to think clearly. Also good for relieving headaches.

This stone is silver metallic and heavy.

#### ✦ RED JASPER

This mineral is excellent for protection and is known as a “Shamans” stone that transforms negativity. This stone is also known for its ability to balance the yin-yang energies and is a safe facilitator for astral traveling.

This stone is orange-red and/or yellow in color.

#### ✦ MALACHITE

This mineral is excellent for bringing money to the holder of this stone. It is one of the oldest known healing stones as it draws out very powerfully on all levels. It is also used for healing the heart of negative relationship attachments.

This mineral is forest green with darker green stripes running through it.

#### ✦ ROSE QUARTZ

This mineral is excellent for facilitating emotional clearing and healing. It helps a person to be more receptive to beauty and to feel loved. A lovers stone and is known as the stone of love and balance. Helps one to find unconditional love, and to heal matters of the heart. Great Heart Chakra stone.

This mineral is pink in color.

#### ✦ RUBY

Ruby is known as a “stone of nobility”, gathering and amplifying energy while promoting and stimulating mental concentration. It can improve ones success in controversies and disputes, encouraging gentleness and discouraging violence. It is an excellent shielding stone, protecting on all levels and safeguarding ones consciousness from psychic attack. In ancient cultures, it was used in the practice of “casting lots”, to assist in the determination of resolutions and decisions. It has been used to introduce stability in ones economic status; it has been said that as long as one retains a bit of ruby, wealth will never part. It is also said to have been used to protect the wearer/carrier against unhappiness, distressing dreams, and lightning. The energy of the ruby is intense and vivid, bringing lucidity to the dream state and conveying understanding and control of the role and action of the mental state upon the physical realm. The ruby encourages one to follow

bliss. It is said that ruby will light the darkness of one's life, giving birth to a spark of light which progresses throughout the body and spirit, conquering darkness on all levels. The energy can assist one in changing one's world, promoting creativity and expansiveness in awareness and manifestation. The ruby crystal has been known as the "star of purity" and the "star of fire", initiating action and assisting the Earth in receiving the full spectrum of light required for the progression of humanity toward the access of the spiritual leading to enlightenment. The ruby crystal has been used as a rod-like conductor for atmospheric electricity, providing a pathway, to the Earth and to the user, for electrical and magnetic forces. It further assists one in the conscious access of ethereal consciousness, providing a medium through which an understanding and an actualization of the healing process can be manifested. This mineral is excellent for stimulating the heart chakra, bringing spiritual wisdom, knowledge and wealth. It is an excellent shielding stone protecting on all levels.

This mineral can be pink to purple to red or orange red in color.

#### ✦ SODALITE

This mineral is excellent for use in eliminating confusion, and to bringing out the truth. It provides for access of universal law and stimulation of the throat chakra. Encourages self-esteem.

This mineral is dark blue with white and gray and black blotches.

#### ✦ TURQUOIS

This mineral is an excellent for opening the heart and throat chakras. It connects you to the earth and universal energies. Also it strengthens the ability to give and receive, a stone of balance, protection and love.

This mineral is turquoise to greenish turquoise in color.



## *2. Gemstones of Ethereal Crystals 4-5-6*

### ✦ ALEXANDRITE

Helps the nervous system, spleen, pancreas and testicles.  
May be used to amplify colour therapy.

### ✦ AMAZONITE

This mineral provides for balancing and aligning the physical with the ethereal bodies. It is a stone of balance, balancing the male/female energies. It soothes nerves and dispels both irritating and negative energy. It helps to rejuvenate the heart centers and the throat chakra areas.  
This stone is turquoise in color with white/gray stripes occasionally.

### ✦ AZURITE

A natural blue copper carbonate.  
The Azurite is said to be an aid to psychic development and is a very powerful stone. Also aids meditation.  
Relates to penetrating through your deepest fear in the subconscious.  
It is used as a general healing stone. Relieves arthritis and joint disabilities.  
Reduces hip joint pain.

### ✦ BLOODSTONE

This stone strengthens your immune system and keeps it alert and responsive to your body's needs. Bloodstone's energy empowers certain microorganisms in your bloodstream that are vital to optimal immune function. This empowerment uplifts the overall quality of your body's energy, making your body an incompatible environment for infections of all kinds. Bloodstone also removes burdens from your immune system as it facilitates the removal of toxins from your body and enhances your cells' absorption of nutrients. This mineral is excellent as a healing stone and is called the stone of courage. It can be used to awaken the base, navel, sacral and heart chakras. It is also centering and grounding for the heart chakra. It provides a revitalization of love, relationships and friendships.  
This crystal is mostly green with tiny spots of red that look like blood.

### ✦ GOLD CALCITE

Carries the golden healing ray. Gives comfort, helps cheer depression.  
Good for most of what ails you!

### ✦ FIRE OPAL

Helps fight fatigue, increases pleasure in life, stimulates creativity, management and invention, and helps food disorders.

#### ✦ FLUORITE

This mineral is excellent for opening inner doors of perception, to yourself and others around you. It is known for absorbing anger and negativity holding it in until the crystal breaks. A great companion for your computer, also is very grounding.

This stone is found in green, yellow, blue, and purple or in combination with all.

#### ✦ RED GARNET

This mineral is excellent for health, extracting negative energy from the chakras. It is a stone of commitment to purpose- to self- to others. Garnet reflects the attributes of warmth and understanding. The garnet stimulates the development and movement of the kundalini.

#### ✦ JADE

Jade is the prince of peace and tranquillity. It acts quietly as a consciousness raiser of human development. It dispels negativity by the constant emission of soothing and cleaning vibrations. It is said that jade is not from the Earth, but is a mutation from a planet outside this solar system. Jade can never harm anyone wearing it, for it does not absorb negative attributes of any nature. It is said to prolong life, protect one from accidents, and quiet inner restlessness.

Jade is a soothing green color. It is an avocado green gem, with darker mottled flecks of green in it.

#### ✦ LAPIS LAZULI

“The key to unlocking the mysteries of the Universe”...Edgar Cayce - This mineral is known for being a symbol of power and royalty since ancient times. It is also known for its ability as a mental and spiritual cleanser and opener of the 3rd eye. Draws the mind inward to its own source of power. This stone is light blue to azure with specks of pyrite in the matrix.

#### ✦ MOLDAVITE

Small glassy (translucent) greeny stone believed to be associated with meteorites.

Eases epilepsy, brain imbalances and malfunctions and autism, particularly if brought on by excessive sensitivity.

Assists conscious communication with star-seed sources and is a healing balm for the deep longing - and heartfelt yearning - of many people to “go home”.

Moldavite also helps one to understand one’s true purpose in life.

A stone for transformation.

#### ✦ MOONSTONE

Moonstone is an opalescent feldspar. It is claimed to promote long life and happiness and is said to attract friendship and loyalty towards the wearer. It acts as a mediator between mind and emotions and allows peace of mind and accessibility to one's innerself.

Helps soothe and balance emotion.

In healing terms, it is often used to reduce excess fluid in the body and to reduce the swelling caused by this fluid.

Used in women suffering from pre-menstrual tension.

Gives inspiration, encourages personal attachments. Helps obtain humanitarian love, romance and sensitivity.

Moonstone is excellent for protection while traveling it is known as the "Travelers" stone. It is a stone of the feminine, the goddess and brings balance and nurturing energy to the holder. It is also helpful for fertility, and brings new beginnings, calmness and comfort to couples.

This mineral is opaque white to green to orange.

#### ✦ PERIDOT

This mineral is excellent for healing. Also this mineral emits a friendly energy, it can be used to cleanse the heart and solar plexus chakras. It provides a shield of protection around the body.

This mineral is translucent green in color.

#### ✦ PYRITE

This mineral provides for balancing and equalizing. It helps to match frequencies with others from higher or lower vibrational levels. Grounding stone. Called fools gold. Also can be used for protection.

This stone is gold in color and looks like gold.

#### ✦ BLUE SAPPHIRE

Helps bleeding, insomnia and nervousness.

Stone of friendship and love, attracts good influences.

Gives the wearer devotion, faith, imagination and peace of mind.

A member of the Corundum clan. Blue Sapphire inspires creative expression, intuition and meditation.

#### ✦ YELLOW SAPPHIRE

Enhances intellect, study, knowledge and memory.

#### ✦ BLACK TOURMALINE

This mineral is excellent for providing a bridge between spirit and matter, helping to bring balance. Black T. deflects negativity for protection.

‡ VIOLET TOURMALINE

Brings peace and calm communication.

‡ PINK TOURMALINE

Giver of love, heart healer.

‡ DOUBLE TERMINATED CLEAR QUARTZ CRYSTAL

DT Quartz is multifunctional; energy moves from both ends concurrently. They have the capacity to draw or transmit energy in both directions. These are excellent for astral travel and for dream work. They can be used for protection and to build and maintain an energy shield. They transform negative to positive.

Clear to opaque in color with points on both sides.